

Everything You Wanted to Know About Barebow But Were Afraid to Ask

Where: Lacey Green Village Hall, HP27 0QT

Dates: Saturday 28th October 2023

Time: 09:30-12:00

Return completed application forms to the

County Coaching Organiser:

CCO@bucksarcheryassociation.org.uk

We have a thriving group of barebow archers in Bucks and more people are taking up this discipline.

This half-day session is designed to help newer archers understand more about the specifics of barebow equipment and technique.

The course will be led by Imran Rehman, a Level 2 Coach within the county and a highly successful competitive barebow archer. Imran will be supported by a team of coaches from within the county, who can work with archers back in their clubs. The session will be a mix of theory and practical work, so bring your equipment.

The cost of the session is £15 per person.

Please arrive with sufficient time to get set up and be ready to start at 9:30. There is plenty of parking at the village hall.

The session will be limited to 8 places which will be allocated on a "first-come, first-served" basis. If demand exceeds places available, we will look to run another session early in 2024.