



Barebow Practical Coaching Session

The session will be led by Imran Rehman, a Level 2 Coach within the county and a highly successful competitive barebow archer. Imran will be supported by a team of coaches from within the county, who can work with archers back in their clubs.

This is a practical session where archers will be introduced to various aiming methods which include string walking, face walking as well as using other reference points in order to achieve further distances.

If you have a lighter set of limbs, do bring these along.

Bosses will be available at a variety of distances, so this session will be suitable for newer archers as well as more experienced archers.

The cost of the session is £20 per person.

Where: Whiteleaf Bowmen Outdoor Ground,
HP27 0PP

Dates: Saturday 4th May

Time: 014:00-16:30

Return completed application forms to the
County Coaching Organiser:
CCO@bucksarcheryassociation.org.uk